



## BPC SPRING Schedule 2026 - Part 1 (Feb 23 – April 12)

### BPC AGE GROUP 2 GOLD

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT        | SUN |
|---------|-----------|-----------|------|-----------|-----|------------|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | 9:00-10:15 | OFF |
| Dryland | OFF       | 4:30-5:00 | OFF  | 4:30-5:00 | OFF | OFF        | OFF |
| PM Swim | 5:00-6:15 | 5:15-6:30 | OFF  | 5:15-6:30 | OFF | OFF        | OFF |

### BPC AGE GROUP 2 GREEN

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT       | SUN |
|---------|-----------|-----------|------|-----------|-----|-----------|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | 8:00-9:00 | OFF |
| Dryland | OFF       | 4:30-5:00 | OFF  | 4:30-5:00 | OFF | OFF       | OFF |
| PM Swim | 5:00-6:00 | 5:15-6:15 | OFF  | 5:15-6:15 | OFF | OFF       | OFF |

### BPC AGE GROUP 1

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT | SUN |
|---------|-----------|-----------|------|-----------|-----|-----|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | OFF | OFF |
| Dryland | OFF       | 5:15-5:45 | OFF  | 5:15-5:45 | OFF | OFF | OFF |
| PM Swim | 4:00-5:00 | 4:00-5:00 | OFF  | 4:00-5:00 | OFF | OFF | OFF |



## BPC SPRING Schedule 2026 - Part 2 (April 13 – June 28)

### BPC AGE GROUP 3 GREEN

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT            | SUN |
|---------|-----------|-----------|------|-----------|-----|----------------|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | 7:30-9:00 @ SH | OFF |
| Dryland | 4:15-4:45 | OFF       | OFF  | 4:15-4:45 | OFF | OFF            | OFF |
| PM Swim | 5:00-6:30 | 5:00-6:30 | OFF  | 5:00-6:30 | OFF | OFF            | OFF |

### BPC AGE GROUP 2 GOLD

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT         | SUN |
|---------|-----------|-----------|------|-----------|-----|-------------|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | 9:00-10:15  | OFF |
| Dryland | OFF       | 4:15-4:45 | OFF  | OFF       | OFF | 10:30-11:00 | OFF |
| PM Swim | 5:00-6:15 | 5:00-6:15 | OFF  | 5:00-6:15 | OFF | OFF         | OFF |

### BPC AGE GROUP 2 GREEN

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT       | SUN |
|---------|-----------|-----------|------|-----------|-----|-----------|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | 8:00-9:00 | OFF |
| Dryland | 5:15-5:45 | OFF       | OFF  | 5:15-5:45 | OFF | OFF       | OFF |
| PM Swim | 4:00-5:00 | 4:00-5:00 | OFF  | 4:00-5:00 | OFF | OFF       | OFF |

### BPC AGE GROUP 1

|         | MON       | TUES      | WEDS | THURS     | FRI | SAT | SUN |
|---------|-----------|-----------|------|-----------|-----|-----|-----|
| AM Swim | OFF       | OFF       | OFF  | OFF       | OFF | OFF | OFF |
| Dryland | OFF       | 5:15-5:45 | OFF  | 5:15-5:45 | OFF | OFF | OFF |
| PM Swim | 4:00-5:00 | 4:00-5:00 | OFF  | 4:00-5:00 | OFF | OFF | OFF |